

| MONDAY                                                       | TUESDAY                                                      | WEDNESDAY                                                         | THURSDAY                                                                              | FRIDAY                                                               | SATURDAY                                                          |
|--------------------------------------------------------------|--------------------------------------------------------------|-------------------------------------------------------------------|---------------------------------------------------------------------------------------|----------------------------------------------------------------------|-------------------------------------------------------------------|
| <p><b>Fatburner</b><br/><b>Maz</b><br/>5:45 AM - 6:30 AM</p> | <p><b>Bodytone</b><br/><b>Mark</b><br/>5:45 AM - 6:30 AM</p> |                                                                   | <p><b>Fatburner</b><br/><b>Maz</b><br/>5:45 AM - 6:30 AM</p>                          | <p><b>Fatburner</b><br/><b>Maz</b><br/>5:45 AM - 6:30 AM</p>         | <p><b>Spin</b><br/><b>Mark</b><br/>8:00 AM - 8:45 AM</p>          |
|                                                              | <p><b>Spin</b><br/><b>Mark</b><br/>6:30 PM - 7:15 PM</p>     | <p><b>Pilates</b><br/><b>Mandy</b><br/>6:00 PM - 7:00 PM</p>      |                                                                                       | <p><b>Weight management</b><br/><b>Maz</b><br/>6:30 PM - 7:30 PM</p> | <p><b>Aerial Hoops</b><br/><b>Kasia</b><br/>4:30 PM - 5:30 PM</p> |
| <p><b>Bodytone</b><br/><b>Mark</b><br/>7:30 PM - 8:15 PM</p> | <p><b>Yoga</b><br/><b>Paul</b><br/>7:30 PM - 9:00 PM</p>     | <p><b>Pilates</b><br/><b>Mandy</b><br/>7:00 PM - 8:00 PM</p>      | <p><b>Systema</b><br/><b>(martial arts)</b><br/><b>Maz</b><br/>8:00 PM - 10:00 PM</p> |                                                                      |                                                                   |
|                                                              |                                                              | <p><b>Aerial Hoops</b><br/><b>Kasia</b><br/>8:00 PM - 9:00 PM</p> |                                                                                       |                                                                      |                                                                   |